



Policy & Procedures

Dear Valued Patients:

Thank you for choosing Life's Adjustments for your Chiropractic and Massage needs. We would like to take this opportunity to explain to you our policies and procedures.

Our massage policy is as follows:

- Same day shower is preferred
- Remove all jewelry prior to massage
- Please advise therapist of any injuries, surgeries, and dental work
- Please arrive at least **10 minutes** earlier than your scheduled session. **If you are late**, time will be deducted and your session will end at the scheduled end time.
- The use of a cell phone is **prohibited** during treatment as it is a distraction to the therapist. If it is an emergency and you must take the call, please take into consideration that your session will still end at the scheduled end time.
- **No alcoholic beverages** the day of the massage. Therapeutic massage increases the flow of blood and this will intensify the effects of alcohol and other intoxicants.
- This is a professional environment and your therapist will act in a professional manner. Any behavior that is considered inappropriate will result in immediate termination of the massage session.

Cancellation Policy for Chiropractic and Massage

If you need to cancel a scheduled appointment, kindly give a **twenty-four hours** advance notice. Failure to do so will result in **100% of the fees due** for the full scheduled session time.

No-Show Policy for Chiropractic and Massage

If you fail to show for a scheduled appointment, you are **still responsible** for the session fees, which **are not** billable to your insurance. If you arrive late for your Chiropractic appointment, we may need to reschedule you for another time, and it may be treated as a missed appointment.

Privacy Policy

Your information will be kept confidential. Information will only be shared with other health care providers for consults or coordination of care, or with the various agencies involved in payment reimbursement.

Patient Signature: _____

Date: _____